The Borrowing Kitchen: Enhancing Food Pantry Nutrition

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Outline

Background of the project

Steps of development

Overall structure

Challenges

Discussion
Background

Voices into Action:
2014 Lee County Community Food Assessment

Funded through the USDA

Partnership between N.C. State University, N.C. A&T University, and N.C. Cooperative Extension

Interviewed 40 mothers and grandmothers in Lee County

Findings: Need for equipment to prepare food at home
Background

Health Matters Project:
2016–2018

Funded through the CDC

Partnership between N.C. State University, N.C. Cooperative Extension, and the community

Purpose: To decrease obesity in areas of the state with the highest rates
ADAPTING THE MODEL TO FIT A RURAL COMMUNITY

Five dot surveys related to kitchen equipment

Six focus groups around program interest and logistics

Strong partnerships and support
- LEEding Toward Wellness
- N.C. State University's Food Bank and Food Pantry Work Group
Common Themes

Choosing a name
Common Themes
Check-in and check-out process
Common Themes

Equipment
DEVELOPING A COMPREHENSIVE PROGRAM

Marketing: Food Pantry Taste Tests

Education: SNAP-Ed and EFNEP

Support: The Borrowing Kitchen
Current Challenges

Irregular Class Schedules

Reach

Communication
Discussion

Thank you!

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