



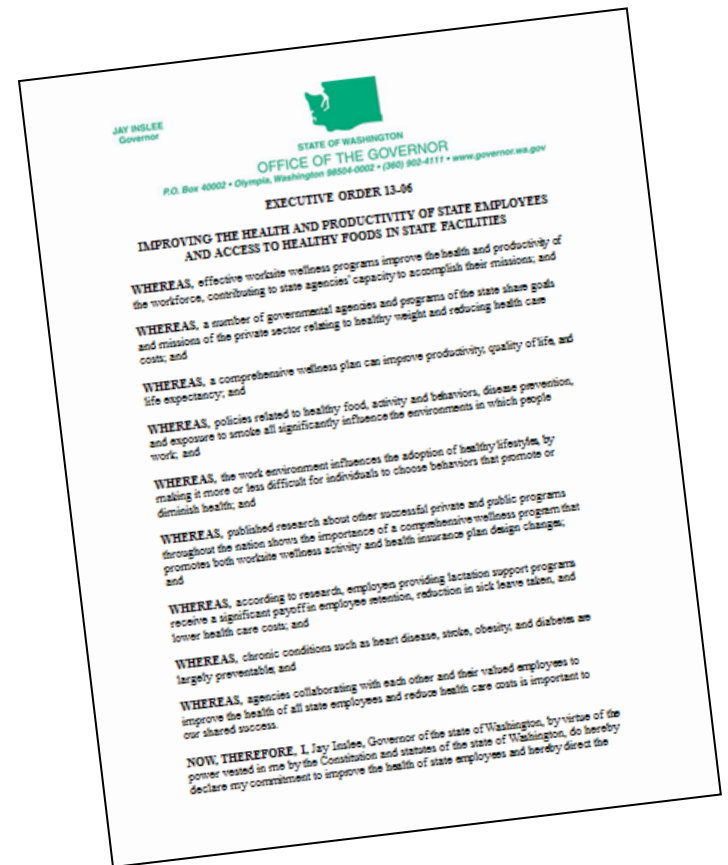
Engaging Partners to Help Monitor Food Service Guidelines

Chris Mornick, MPH, RDN

Background

Executive Order 13-06 (2013)

- 50 agencies, 57,000 employees, 18,000 custodial residents
- Applies to vending machines, micro-markets, cafeterias, meetings/events, institutional meals and food programs
- Established Healthy Nutrition Guidelines
- Department of Health to provide technical assistance



Monitoring and Evaluation

- No responsibility or funding assigned in Executive Order
- Hundreds of food service venues
- Contract with University of Washington
 - Utilize Worksite Wellness Coordinators and graduate students
 - Conduct in-person audits of cafeterias
 - Analyze photographs of machines and markets



Monitoring and Evaluation – Years 1, 2 and 3

Year 1

- 9 cafeterias
- 22 vending machines (representing 4 agencies)

Year 2

- 10 cafeterias
- 97 vending machines (representing 10 agencies)
- 3 micro-markets

Year 3

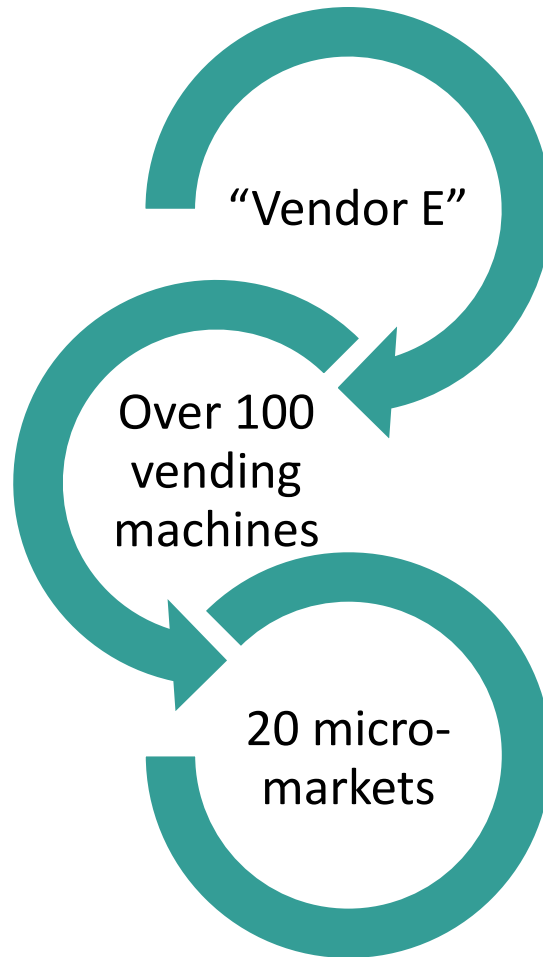
- 9 cafeterias
- 81 vending machines (representing 8 agencies)
- 5 micro-markets

Monitoring Challenges

- Limited capacity of Worksite Wellness Coordinators (WWCs)
- Inconsistencies in photographs, even with protocol
- Coordination between WWCs, Department of Health and University of Washington
- Variability in timing photos with stocking of machines
- Micro-markets – new food service venue with unanticipated growth



Vending and Micro-Markets – Vendor E



Monitoring and Evaluation – Years 1, 2 and 3

Year 4

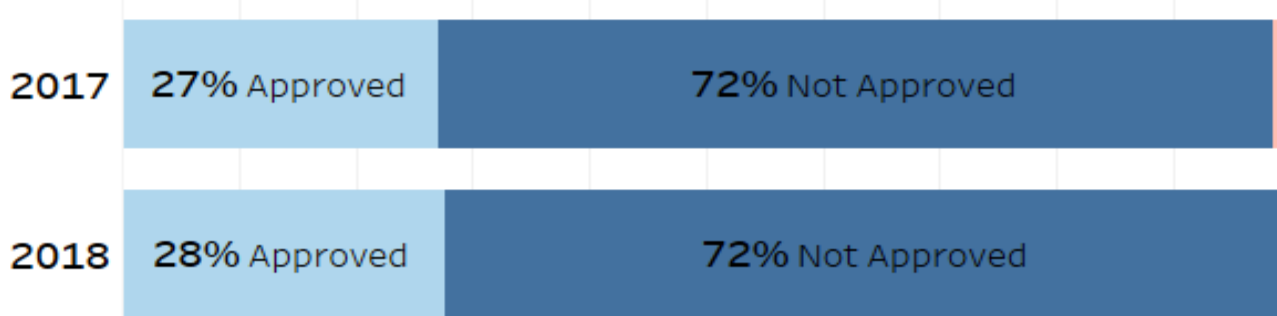
- 9 cafeterias
- 72 vending machines (40 agencies/offices)
- 9 micro-markets on-site assessments
- 20 micro-markets sales data

Year 5

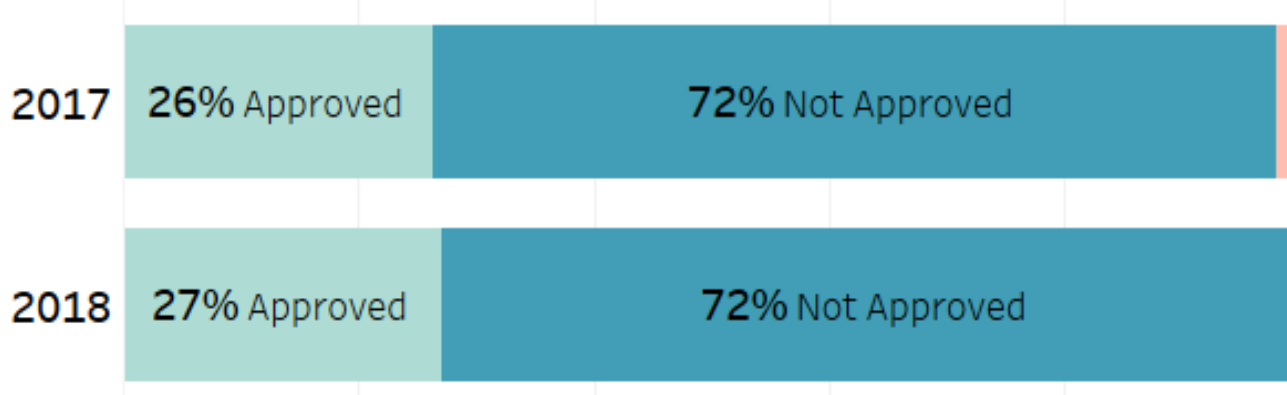
- 9 cafeterias
- 103 vending machines (35 agencies/offices)
- 9 micro-markets on-site assessments
- 30 micro-markets sales data

Collecting Micro-Markets Sales Data

Percent of total approved vs. not approved* items **observed** (June 2017 & June 2018)



Percent of total approved vs. not approved items **sold** (June 2017 & June 2018)



*Approved and not approved refer to whether the product meets the nutrition guidelines

Future Practices

- Evaluation contract ended in 2018
- Vendor continues to share sales data (36 micro-markets)
- Plan-o-gram for vending machines
- Opportunity for cafeteria self-assessments?

Thank you!



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